

Natasha I Smith RDH

EDUCATION

Leeds Dental Institute,

2001— *Diploma in Dental Hygiene*

Highbury College, Portsmouth

1990— *BTEC Diploma in Care*

1991— National Certificate for Dental Nursing

EXPERIENCE

Natasha has over 25 years of experience of working in the dental profession having first trained as a dental nurse working in a number of NHS and private practices before progressing on to become a practice manager.

Having qualified as a Dental Hygienist she took her first position in Jersey where since 2001 she has built up a large portfolio of regular clients based upon her attention to detail, the enthusiasm for the job and her caring interpersonal skills.

The treatment of nervous clients and children are a speciality of Natasha's as is her advice on the benefits of prevention, nutrition, education and its direct impact upon a patient's general and dental health. Patients can also benefit from the fact that Natasha can undertake a number of cosmetic tasks such as providing stain removal and teeth whitening services.

Working closely with her fellow dental practitioners to treat and prevent dental decay and gum disease, Natasha will tailor her advice and treatment to work with the individual enabling them to maintain healthy teeth and gums.

The most important advice that Natasha would give a patient is that looking after the gums is as important as looking after one's teeth. Gum disease (periodontitis) is the major cause of tooth loss and it can also contribute to other serious health problems such as diabetes and heart disease.

It is therefore imperative that oral health is maintained by regular visits to the hygienist who will provide ongoing advice, care and support.

Jersey Dental Clinic^{STO} welcomes all patients to help them keep their smile beautiful and healthy.

KEY SKILLS

Oral Hygiene

Assessment and Treatment of gum disease

Caries (Decay) Prevention

Nutritional advice

Teeth Whitening